Vol. 31, No. 5 January/janvier 2014 Royal Canadian College of Organists Ottawa Centre Collège royal canadien des organistes section d'Ottawa



President's Message DONALD RUSSELL

New Years Resolutions



his is the time of year when I hear from many sources that all sorts of goal setting is in order - personal goals, professional goals, financial goals, (goals to get my president's message in on time), and, musical goals. Experts disagree about goal setting. On the positive side, goal setting forces one to consider what is important, how the goal can be achieved and when it is to be achieved. To make this work, it is important to make goals clear and detailed. On the negative side, setting a goal and not achieving it can have significant psychological impacts. (ie. "I didn't even reach my own goal - what a failure I am.")

I find setting goals useful but only when I am careful about how the goals are expressed. There is much guidance that can be found about goal setting - there are 7 step methods, 9 step methods, and many others. All of the different guides to goal setting share a number of common themes. One of the simpler approaches to goal setting uses the acronym S.M.A.R.T. (Although different "experts" define S.M.A.R.T. differently!)

S stands for specific. For a goal to be useful it must be clear. "I will improve my organ playing" is too general and not very specific whereas "I will play as a postlude Franck's Chorale in a minor" is clear.

M is for measurable. In order for goal setting to be useful it must be possible to

recognize when the goal has been achieved. "I will play more Bach chorale-preludes" is not measurable but "I will add 5 selections from the Orgelbuchlein to my repertoire" is

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measurable (but not specific).

A is for attainable. **R** is for realistic. You must know how to achieve your goals and that you can realistically achieve your goals. I may desire to be a cat for a day or to qualify as a 100m sprinter for the next summer Olympics and I may know how to do that but I know that I am not able to do this. A goal may still represent a significant achievement and still be realistic. If it is important to you you can achieve much.

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T is for timely. A goal without a deadline is more of a dream. It may be my goal to perform a Bach trio sonata but that goal does not help me unless I also say when I want to achieve that goal.

For me, one important step in goal setting is to write down the goals, or, even better, to tell someone supportive what my goals are. This forces me to be S.M.A.R.T. about my goals. I value working towards a goal as much or more than reaching the goal so the negative aspects of goal setting don't bother me most of the time.

So, what are your goals for 2014? Write them down, make sure they are SM.A.R.T., tell a friend, and then enjoy working towards them. Here are two of my S.M.A.R.T. goals for 2014:

- * I will finish learning the first trio sonata by Bach by October (2014!)
- * I will submit my contributions to Pipelines on time.

If you would like to share your goals

with Pipeline's readers, be brave, send them to me by the next submission deadline and I will assemble a list to include in the next issue.

<u>PostScript</u>: Thanks to Karen Holmes for pointing out two additional 2014 composers that I missed in the December pipelines: "American composer Wilbur Held was born in 1914, (Aug. 20) and seems to be still alive, so I suppose there will be some attention paid for his 100th b-day! There's also Franz Tunder, born 1614."

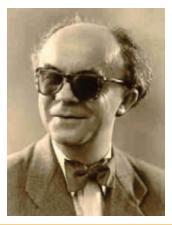
Next Education Workshop

he next in our series of educational workshops this winter will be held in Rideau Park United Church on Saturday February 1 from 10 am - noon. At our last workshop on November 16th, we continued to look at the hymns and anthems for the RCCO Service-Playing and Colleague examinations, and did some work on Sight-Reading. At the next workshop, we will continue these subjects, and also consider the repertoire list to be prepared for the Service-Playing examination.

Jean Langlais Workshop

AS a New Year treat, plan to join Kirkland Adsett and Blake Hargreaves as they explore the music of Jean Langlais.

This workshop will be held at St. Matthew's Church, 217 First Ave. (west of Bank St.) on January 18th 2014 at 2pm and is open to all members.





FRANCES MACDONNELL

The workshop on February 1st will be led by Frances Macdonnell along with Ian Bevell, recently arrived in Ottawa as the new Director of Music at Rideau Park United Church. Even if you have not been attending these workshops, please do come and join in! Rideau Park is at 2203 Alta Vista Drive, at the corner of Cunningham. There is parking along the side of the church. I look forward to seeing you there. (Please note that Rideau Park is also the location for the Student Recital to be held on February 15th.)





Second Wednesdays of each month, October 2013 - May 2014, 12:15 p.m. Shawn Potter, Director of Music at First Baptist Church, will present a series of recitals comprising the complete organ works of Dieterich Buxtehude. Recitals will be held on the second Wednesday of every month, October 2013-May 2014, starting at 12:15. First Baptist Church, 140 Laurier Ave West - Admission by donation. www.firstbaptistottawa.ca

Sunday, January 5, 2014, 7:30 p.m.

Duo Vice Versa: Pascale Margely (flute) with Julien Bisaillon (guitar). Enter the musical world of Vice Versa! This Outaouais (Quebec) based flute and guitar duet offers a distinctive program of music inspired by the rich musical traditions of the world. St. Luke's Church, 760 Somerset Street West. Admission by donation.

Sunday, January 19, 2014, 7:30 p.m.

Opus Four (flute quartet): (Cathy Baerg, Diana Lam, Loyda Lastra, Kelly Richardson). From children's music to beach music, from Debussy to Ian Clarke, there is something for everyone in this fun-filled program featuring the flute family. St. Luke's Church, 760 Somerset Street West. Admission by donation.

Sunday, February 2, 2014, 7:30 p.m. Duo Rideau:. Catherine Donkin & Amélie Langlois (piano duets). Duo Rideau returns for an exciting evening of piano duets. St. Luke's Church, 760 Somerset Street West (3 blocks west of Bronson). Admission by donation. **Sunday, February 16, 2014, 7:30 p.m.** Aditi Magdalena (mezzo). Rededication. Music for the Celtic season of Imbolc, Saint Brigit and Candlemas. St. Luke's Church, 760 Somerset Street West (3. Admission by donation.

Sunday, March 2, 2014, 7:30 p.m.

Joan Fearnley (soprano) with Frédéric Lacroix (piano). *The Many Faces of Woman*: Portrayals of women in art song featuring song cycles by Schumann, Poulenc and Larsen. St. Luke's Church, 760 Somerset Street West (3 blocks west of Bronson). Admission by donation.

Sunday, March 16, 2014, 7:30 p.m.

Martin Soderberg (piano). Join New York City pianist Martin Soderberg on a musical journey past a barrier of notes into an exciting, moving, and very memorable listening experience through the works of the great Spanish composers: Soler, Albeniz, Granados, and more. St. Luke's Church, 760 Somerset Street West (3 blocks west of Bronson). Admission by donation.

Sunday, March 30, 2014, 7:30 p.m.

Mary Muckle (harp and harpsichord), Kirsten Carlson (flute). Ottawa Youth Harp Ensemble. *Tigh Nan Teud / The House of Strings:* A concert celebration of music for, and inspired by, the harp in Scotland. St. Luke's Church, 760 Somerset Street West (3 blocks west of Bronson). Admission by donation.

Sunday, April 13, 2014, 7:30 p.m. La Compagnie Baroque Mont-Royal: Vincent Lauzer (recorder), Marie-Laurence Primeau (recorder, viola da gamba) & Susan Toman (harpsichord). La Compagnie Baroque Mont-Royal presents virtuosic chamber music from Italy and England, including works by Corelli, Uccelini, Purcell, Byrd, Rossi, and more! St. Luke's Church, 760 Somerset Street West. Admission by donation.

Sunday, April 27, 2014, 7:30 p.m.

Thomas Brawn (flute) with Joanne Griffin & Heather Flinn (harp). Regular St. Luke's performer flutist Thomas Brawn welcomes newcomers, harpists Joanne Griffin and Heather Flinn into the fold in a varied program of solos, duets and trios both old and new. St. Luke's Church, 760 Somerset Street West (3 blocks west of Bronson). Admission by donation.

Sunday, May 11, 2014, 7:30 p.m.

Stephanie Piercey Beames (soprano) with Michael Rose (piano). An evening of French Art Song, including works by Berlioz, Fauré, Débussy and Liszt. St. Luke's Church, 760 Somerset Street West. Admission by donation.

Sunday, May 25, 2014, 7:30 p.m.

The Choir of St. Luke's Church. The Choir of St. Luke's presents a mix of sacred and secular music to conclude the 2013-14 series. St. Luke's Church, 760 Somerset Street West (3 blocks west of Bronson). Admission by donation.

Organ Academy Bursaries

the Centre Executive meeting on November 24th, a motion was approved to provide up to four bursaries in the amount of \$250 each to allow teenaged organ students from Ottawa, recommended by teachers who are members of the Ottawa Centre, to attend the Student Academy which is being offered at the RCCO National Convention, Festival at the Forks, to be held in London, Ontario,



FRANCES MACDONNELL

in July 2014. This bursary programme will also be carried on for future RCCO conventions which offer Student Academies (we believe that Winnipeg 2015 will have one too). The money is to be provided from the Centre's Development Fund, which is used for educational purposes.

Students, please plan to attend the Academy programme in London from July 6 - 8, 2014.

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Donald Russell	613-738-9223	russell.kimberwick@me.com
Wesley R. Warren	613 726-6341	Weddings and Funerals

Please note: Supply list can also be found on the RCCO Ottawa web site at http://www.rcco-ottawa.ca Anyone interested in adding their names to the Supply List, please contact Suzanne St-Germain at 613-841-0246 or via email at newsletter@rcco-ottawa.ca



D. Mervyn Games, B.Mus., FRCO, ARCM. Students in piano, organ, and theory at all levels. Info: mervyn.games@gmail.com or 613-729-2515.

Robert P. Jones, M.Mus., ARCCO (ChM). All levels of students (teenager or adult). Lessons at St. Luke's Church (760 Somerset Street W.) Info:pentland@hotmail.com

Heather Rice, ARCT, BMus, ARCCO (ChM). Welcomes students in piano, organ, voice and theory, Beginner - Intermediate, Children - Adult. Call 613-563-1409

Wesley R. Warren, M.Mus., FRCO, (ChM), ARCT. Beginning to advanced organ students, piano and theory. St. Barnabas Anglican Church, (Kent St. at James), Ottawa. Info: 613-726-6341



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